



***This report details how our school has spent our Sports Premium allocation in 2022/23.
It also outlines our key principles and reasons for spending the Premium and the impact it's had on our pupils.***

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Our Physical Education Vision Statement

The vision of our creative Physical Education at St. Nicolas C of E Academy is to develop physically literate individuals who have the knowledge, skills and confidence to enjoy a lifetime of healthful physical activity. Our progressive and sequential PE curriculum, alongside flexible and varied teaching styles, endeavours to challenge, stimulate and excel all pupils in a wide variety of sports, physical activities, and exercise.

Our Physical Education Objectives

The National curriculum is at the heart of our objectives to ensure that all of our pupils St Nicolas Academy:

- Adapt, thrive and excel in our expansive PE curriculum
- Are staying physically active for sustained periods of time
- Lead a healthy, active and wholesome life
- Compete within competitive sports and activities

2022-2023 Premium Spending

Allocated sports premium - £19,600

Based on number of pupils – 465

Our Sports Funding Objectives

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

With our allocated sports premium funding, we aim to improve in the following 5 key indicators:

- Sustain the engagement of all pupils in regular physical activity.
- Ensure the profile of PE and sport is raised across the school as a tool for whole-school improvement.
- Increase confidence, knowledge and skills of all staff in teaching PE and sport.
- Broaden the experience of a range of sports and physical activities offered to all pupils.
- Continue to increase participation in competitive sport.

Premium Spending

1. Sustain the engagement of all pupils in regular physical activity

School focus and intended impact:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability:
Encouraging pupils to take part in physical activity during break and lunch times.	Sports leaders (year 6) allocated to run a variety of activity sessions for each year group during break and lunch times. Equipment is ordered primarily for the sports leaders to use for their activities.	£150	PE lead completes a yearly survey within all year groups. During the last academic year, there was a 22% rise in pupils partaking in physical activity during break and lunch times.	The sports leader jobs are passed on to the next year 6 cohort who are selected at the start of each year, the children apply for the role which shows their motivation and passion for the role.
Increase the amount of equipment/facilities available for children to use at break and lunchtimes to ensure children are being physically active.	New sets of footballs to be used a break and lunchtimes	£310	Footballs have been purchased for the playgrounds. This is a very popular sports and are constantly in use during break and lunchtimes.	High quality, long lasting equipment has been purchased to ensure impact is had with children for several years.

Premium Spending

2. Ensure the profile of PE and sport is raised across the school as a tool for whole-school improvement

School focus and intended impact:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability:
Pupils to be recognised for their sporting achievements by peers/staff/parents/carers.	Medals and certificates are ordered for achievements in competitions. These are also used for our school sports day each year.	£70	Pupils receive PE/Sports recognition for competing and representing the whole school.	Multiple numbers of medals/certificates ordered for use over the next few years.
Teaching of PE to be consistent and progressed efficiently in line with the national curriculum throughout the whole school.	PE teacher employed to run regular staff CPD for all teaching staff on the key areas of PE.	£15,230	PE Teacher has regularly supported the professional development of the staff. All staff are developing their practice and are becoming more and more effective in their teaching of PE, showing a whole school improvement.	The school will continue to facilitate the PE Lead to help with the CPD of all staff at the school.

Premium Spending

3. Increase confidence, knowledge and skills of all staff in teaching PE and sport.

School focus and intended impact:	Actions to achieve: Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability:
PE lead to upskill other members of staff throughout the school.	PE lead to run staff CPD sessions, showing different styles of teaching, class progression and assessment.	As part of the £15,230	Almost all staff took part in these sessions, feedback was positive and staff now have more confidence when teaching PE to their classes.	PE lead to run CPD sessions all year round to keep staff updated on curriculum changes and upskilled in a range of different sports.
PE Lead to develop leadership and strategy of our PE program. Pupils to receive a higher quality PE provision.	PE Lead to be given time out of school to visit other PE specialists in order to share good practice.	£300	PE Lead re-visited two PE specialists who we linked with last year. Observed lessons and discussed good practice. Use of sports leaders at sporting events was adopted.	School to support development of PE practice by allowing time for PE Lead to work with other PE specialist in our area.
Lesson Plans which have clear outcomes link to the National Curriculum to support teachers in delivering P.E. across the school, and to a consistent standard.	Continued subscription to PE Hub scheme to support all teachers in delivering high quality PE lessons.	£455	Pupils taught by staff who have increased knowledge and understanding, and therefore an enhanced quality of provision.	Staff will become more confident in teaching and will become more accustomed to the curriculum in the coming years.

Premium Spending

4. Broaden the experience of a range of sports and physical activities offered to all pupils.

School focus and intended impact:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability:
Offer a wide variety of after school clubs to a range of age groups. This will help increase the number of pupils who are physically active.	PE teacher to have contracted hours to run a range of sports clubs.	As part of the £15,230	Sports clubs ran on Monday, Tuesday and Wednesday. Thursday was kept free for the PE teacher to take sports teams to competitive fixtures.	PE Teacher hours to stay the same for next academic year to ensure that sports clubs remain on offer to children after school. This is a repeat from last academic year.
To increase pupil's awareness of other non-traditional sports they can assess as part of the curriculum within a club setting.	Professional gymnastics lessons at a fully equipped gymnasium for our year 6 pupils.	£3150	Offering exciting additional opportunities to our pupils whilst developing their knowledge and skills. Some pupils now attend the club outside of school.	Continually purchase slots for our pupils each year, building a strong relationship with external organisations.

Premium Spending

5. Continue to increase participation in competitive sport.

School focus and intended impact:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability:
Transport of pupils to attend as many sporting events in the area as possible.	Booking coaches through 'Coachleasing' who have transported staff and pupils to numerous sporting events over the year.	£700	We had a team attend every competition which was held throughout the year.	School has a strong relationship with the coaching company as they are used for multiple trips and sporting competitions.
Organise friendly competitions to increase the number of pupils who access inter school competitions.	PE teacher to be given time to organise friendly fixtures with local schools and ensure there is transport to be able to attend.	£150	The school repeated its new links with other schools to provide friendly competition, therefore allowing more pupils to access extra-curricular sport and competition.	The school has built links with other local schools which will help to sustain friendly competition for future years.

Total Sports Premium spent - £19,600

2022-23 Swimming Data

Below is data from 2022/23 on how many pupils within our year 6 cohort have met national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, using a range of strokes effectively and perform safe self-rescue in different water-based situations.

The swimming data below is from our year 6 cohort who left St. Nicolas in July 2023:

Percentage of Year 6 pupils who could swim competently, confidently, and proficiently over a distance of at least 25 metres when they left school at the end of last academic year	92%
Percentage of Year 6 pupils who could use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke] when they left school at the end of last academic year	92%
Percentage of Year 6 pupils could perform safe self-rescue in different water-based situations when they left school at the end of last academic year	92%

The swimming data below is based on our current year 6 cohort to date (July 2023)

Number of children in within the year 6 cohort	63
Number of children within the year 6 cohort who meet currently meet swimming standards	58